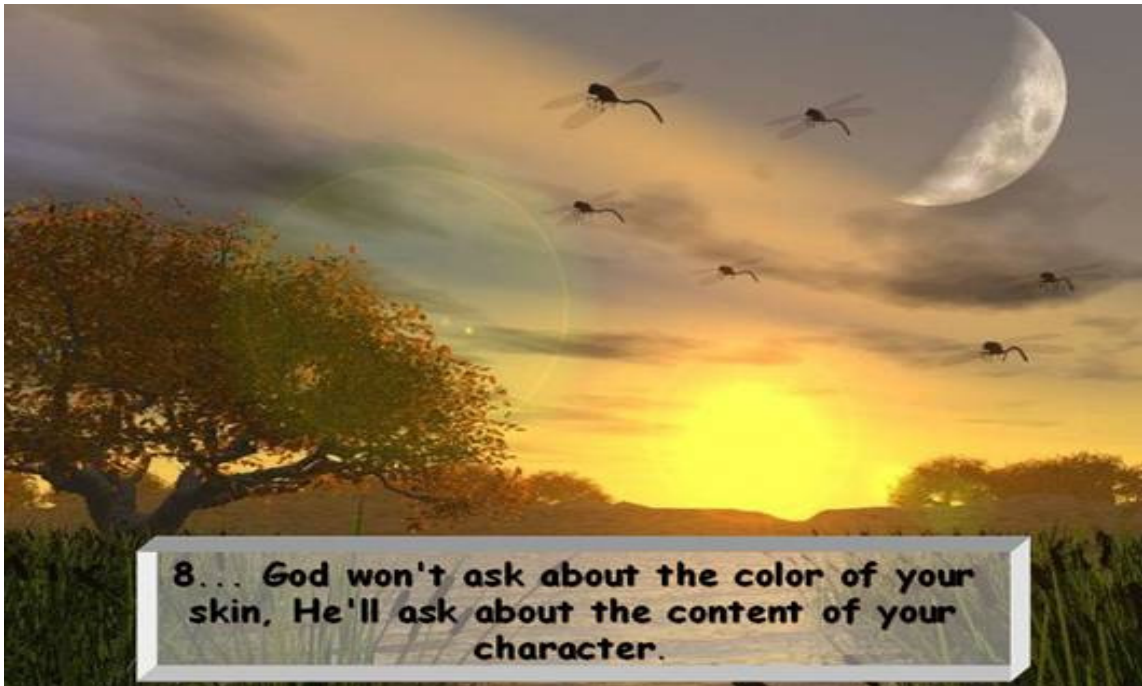


# Overcoming Sin by The Power of The Indwelling Holy Spirit

1



2  
3

4 **Graham F. Watts, Sr.**

5  
6 **VISION:** To hear the midnight cry, “The bridegroom comes, go out to  
7 meet Him” (Matthew 25:6) and become like Him when I see Him as He is  
8 (1 John 3:2).

9  
10 **MISSION:** Purify myself even as Christ is pure (1 John 3:3) to be  
11 glad, to rejoice, give honor to Christ and be ready for the marriage  
12 of the Lamb (Revelation 19:7).

13  
14 **VALUES:** Follow the Lamb wherever He goes (Revelation 14:4), be  
15 without fault before God (Revelation 14:5), be perfect even as my  
16 Father in heaven is perfect (Matthew 5:48), wear the Lamb’s fine,  
17 clean and white linen (Revelation 19:8) do righteously (1 John 3:10)  
18 and walk humbly with God (Micah 6:8).

19  
20 **OVERALL AIM:** Studies presented here unveil Bible knowledge to  
21 inquiring minds to prompt the following inquiries: “Are our feet on  
22 the rock of ages? Are we one with Christ as He is one with the  
23 Father” (John 10:30 in Evangelism, {Ev} 199.1)? Am I crucified with  
24 Christ (Galatians 2:20)?

25

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## 26 PURPOSE/REASON FOR/WHY

27  
28 This study encourages all who "...were sometimes alienated and  
29 enemies in [their] mind by wicked works, [whom God has now]  
30 reconciled" (Colossians 1:21) to have **NO** fellowship with the  
31 unfruitful works of darkness (Ephesians 5:11).

## 33 OBJECTIVE/WHAT WE WANT TO ACCOMPLISH

34  
35 To help study participants overcome cultivated and natural tendencies  
36 to disobey God.

## 39 SIGNIFICANCE: SO WHAT

40  
41 The Ecclesia-i.e., the called out people of 1 Peter 2:9 and  
42 Revelation 18:4-receives God's command to crucify, mortify-i.e.,  
43 impose discipline, hardship and/or abstinence-[on the corrupt-  
44 natural, fleshly or carnal] nature... with [its] affections and lusts  
45 (read Romans 8:13 and Colossians 3:5). This assignment is no walk in  
46 the park. It is much easier to "...strengthen [the natural] passions  
47 of 1 Peter 2:11 and as these strengthen, [i.e., gain the ascendancy],  
48 the moral and intellectual faculties become weak; the spiritual  
49 [perceptions] overborne by the brutish" (Child Guidance, {CG} 442.1),  
50 [and] **"reason made servant to the lower qualities of the mind"**  
51 (Testimonies for the Church Volume Four, {4T} 140.3). Not  
52 surprisingly, God calls upon people to avoid fellowship with the  
53 unfruitful works of darkness (Ephesians 5:11) because "[Jesus]  
54 delivers from the power of darkness..." (Colossians 1:13). Therefore,  
55 **"if we say we have fellowship with... [Jesus Christ] and walk in**  
56 **darkness, we lie and do not the truth"** (1 John 1:6). It is imperative  
57 for us to understand that "[S/he] that sins against [God] wrongs his  
58 [/her] own soul" (Proverbs 8:36). The long-term costs of  
59 transgression in terms of pain and suffering in this life exceed the  
60 transient pleasures, which falsely appear beneficial.

61

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## 62 BACKGROUND CONTEXT

63 For many, "...**their POWER OF SELF-GOVERNMENT** seems gone. ...**That**  
64 **which should be the governing power has become servant of corrupt**  
65 **passion.** [Consequently], the soul is... captive] ...[to] s**ensuality-**  
66 **things pleasing to the senses and--...the desire for holiness and**  
67 **spiritual prosperity [withered]**" (Child Guidance, {CG} 446.2). But  
68 **"abundant grace has been provided that the believing soul may be kept**  
69 **free from sin"** (Selected Messages, Book 1, p. 394 in A New Life {NL}  
70 41.2). Christ appeared once for all to do away with sin by the  
71 sacrifice of Himself; then He entered heaven to appear in God's  
72 presence for us, not to offer himself repeatedly as a sin offering  
73 (Hebrews 9:24-26, NIV). "For the hope, which is laid up for [us] in  
74 heaven..." (Colossians 1:5), being "...made partakers of the  
75 inheritance of the saints..." (Colossians 1:12), we must "...walk  
76 worthy of the Lord..." (Colossians 1:10). "Sin shall not be [our]  
77 master" (Romans 6:14, NIV) because "...through [the] death [of Jesus,  
78 He will present [us] holy, unblameable and unproveable in His  
79 sight" (Colossians 1:22). He "is able to keep [us] from falling..."  
80 (Jude 24). These precious promises provided the impetus for the  
81 study question.

## 83 STUDY QUESTION

84 How can I live so that sin does not have dominion over me?  
85

## 86 ANSWER SOURCE: HOLY BIBLE

- 87
- 88 1. "...Christ died for the ungodly" (Romans 5:6), arose from the  
89 dead and sits at the right hand of God **making intercession for**  
90 **us** (Romans 8:34 & Hebrews 12:2). At God's right hand, Christ  
91 serves as "...a merciful and faithful high priest in things  
92 pertaining to God to **make reconciliation (i.e., atonement) for**  
93 **the sins of the people"** (Hebrews 2:17). Therefore, "blessed is  
94 the man unto whom the Lord will not impute sin" (Romans 4:8).  
95 Christ "...was manifested to take away our sins..." (1 John

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96 3:5), to "...save His people from their sins" (Matthew 1:21),  
97 **"to open [our eyes], to turn [us] from darkness to light and**  
98 **from the power of Satan unto God** that [we might] receive  
99 forgiveness of sins..." (Acts 26:18). Moreover, **"THE GRACE OF**  
100 **GOD** that brings salvation, [which] appeared to ALL men [of  
101 Genesis 5:2]" (Titus 2:11) **"teaches us that denying ungodliness**  
102 **and worldly lusts, we should live soberly, righteously and godly**  
103 **in this present world"** (Titus 2:12). Therefore, "...as good  
104 stewards of the manifold grace of God" (1 Peter 4:10) who are  
105 "looking for that blessed hope and glorious appearing of the  
106 great God and our Savior Jesus Christ" (Titus 2:13); "who gave  
107 Himself for us... [to] redeem us from **ALL** iniquity and purify  
108 unto Himself a peculiar people, ZEALOUS of good works" (Titus  
109 2:14), "...shall we continue in sin that grace may abound"  
110 (Romans 6:1)? **Can we be more specific about sins?**

111  
112 **2.** "All unrighteousness is sin..." (1 John 5:17). Yet specific  
113 sins appear in "the works of the flesh... [and these include]  
114 adultery, fornication, uncleanness, lasciviousness [unseemly  
115 interest in sex], idolatry (a.k.a., stubbornness—1 Samuel  
116 15:23)—witchcraft (a.k.a., rebellion—1 Samuel 15:23)—hatred,  
117 variance [disagreement], emulations [attempts to equal or  
118 surpass someone who is successful], wrath, strife, seditions  
119 [provoking or inciting rebellion], heresies [holding beliefs  
120 contrary to established religious teachings], envying, murders,  
121 drunkenness and reveling [partying]" (Galatians 5:19–21). In  
122 addition to these specific sins, more general sins germane to  
123 the last days appear in the form of "...disobedience to parents,  
124 unthankful, unholy, without natural affection..., despisers of  
125 those that are good, **lovers of pleasure more than lovers of God**  
126 **and having a form of godliness [without] the [accompanying]**  
127 **power.** [Paul cautions us], from such turn away" (1 Timothy 3:1–

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128 5). **Okay! You have made your point! Where is the good news in**  
129 **all of this?**

130

131 3. "...You must be born again" (John 3:7, KJV). **"No one who is born**  
132 **of God will continue to sin,** because **GOD'S SEED REMAINS** in him;  
133 [s/he] cannot go on sinning, because [s/he] has been born of  
134 God" (1 John 3:9 NIV). The new birth equips us to "...die  
135 daily" (1 Corinthians 15:31)" because the [living, functioning,  
136 natural] mind is enmity against God; it is not subject to the  
137 law of God..." (Romans 8:7). However, when we are born again,  
138 i.e., **"[brought] ...unto a lively hope by the resurrection of**  
139 **Jesus Christ from the dead** to an inheritance: incorruptible,  
140 undefiled, that fades not, [which is] reserved in heaven for us;  
141 [we] ...are **kept by the power of God through faith**" (1 Peter  
142 1:3-5). Jude echoes the same idea when he said, God is able—  
143 **"...to keep [us] from falling and to present [us] faultless**  
144 **before the presence of His glory with exceeding joy"** (Jude  
145 1:24). **God gave us these "...exceeding great and precious**  
146 **promises, that by these [we] might be partakers of the divine**  
147 **nature..." (2 Peter 1:4) so that sin will not dominate us.**

148

149 4. The Bible affirms, "God is not a man that He should lie..."  
150 (Numbers 23:19). He said, "...My word... that goes forth out of  
151 my mouth... shall not return unto me void, but shall accomplish  
152 that which I please and it shall prosper in the thing whereto I  
153 sent it" (Isaiah 55:11). In regards to sin, God has said, "sin  
154 shall not have dominion over us" (Romans 6:14). Moreover, of  
155 those who triumph over sin, the angel of Revelation said, "these  
156 are they which came out of great tribulation and have washed  
157 their robes and made them white in the blood of the Lamb"  
158 (Revelation 7:14). As you wrap your mind around God's standard  
159 for His children, ask yourself, "Is anything too hard for the

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160 Lord..." (Genesis 18:14, NIV)? As you meditate on the response,  
161 remember, "The Lord's hand is not shortened that it cannot save;  
162 neither His ear heavy that it cannot hear" (Isaiah 59:1). If  
163 [we] abide in [Christ] and [His] words abide in [us, we can] ask  
164 [anything, even to be kept from willfully sinning] and it shall  
165 be done [for us] (John 15:7). **God has power AND boundless**  
166 **resources to keep us from practicing willful, intentional sin.**

167  
168 5. Because God can keep us, He challenges us to do the following:  
169 "...**Lay aside... the sin** [that]... so easily beset [you]..."  
170 (Hebrews 12:1). "**My little children ...sin not;** [yet He assures  
171 us that] ...if any man sin, **we have an advocate with the Father,**  
172 **Jesus Christ, the righteous**" (1 John 2:1). The advocacy role of  
173 Christ is not license to sin but an opportunity to "...**confess**  
174 **our sins,** [so that] He [who] is faithful and just [can] forgive  
175 us [our] sins and cleanse us from all unrighteousness" (1 John  
176 1:9). Despite this arrangement, not everyone heeds God's call  
177 to repentance or the new birth and confession. Whereas "some  
178 men's **sins are open** beforehand, **going before [them] to judgment;**  
179 ... [other] men [sins] ...follow after (1 Timothy 5:24). **In**  
180 **which group do you belong? Are you penitent or impenitent?**

181  
182 **6.** What would happen if we choose to confess our faults one to  
183 another (James 5:16) and to turn from our evil ways (Ezekiel  
184 33:11)? "If my people, which are called by my name, shall  
185 humble themselves, pray, seek my face and turn from their wicked  
186 ways; then will I hear from heaven, will forgive their sin and  
187 will heal their land" (2 Chronicles 7:14). It is not unlike  
188 Jesus after He has forgiven sin to say, "Behold, **you are made**  
189 **whole: sin no more, lest a worst thing come [upon you]**" (John  
190 5:14). "...I [do not] condemn you; **go and sin no more**" (John  
191 8:11). Release from sin's condemnation is not license to

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192 continue in sin. "When we were the servants of sin, we were  
193 free from righteousness" (Romans 6:20). However, God's Son  
194 makes us free from sin (John 8:36). "...[As] many of us as were  
195 **baptized into Jesus Christ were baptized into his death**" (Romans  
196 6:3). "...We are buried with him by baptism into death that **as**  
197 **Christ was raised from the dead by the glory of the Father, even**  
198 **so we also should walk in newness of life**" (Romans 6:4). This  
199 promise begs the questions: How can we walk in newness of life?  
200 Scripture says, "**If the Spirit of Him that raised Jesus from the**  
201 **dead dwells in you, He that raised Christ from the dead shall**  
202 **also quicken your mortal bodies** by his Spirit that dwells in  
203 you" (Romans 8:11). "Being dead in your sins and the  
204 uncircumcision of your flesh, hath **He quickened together with**  
205 **Him**" (Colossians 2:13). **Therefore, we are no longer obligated**  
206 **to do what the sinful nature urges because Christ has delivered**  
207 **us from the power of Satan, and has "...called [us] trees of**  
208 **righteousness, the planting of the Lord, that He might be**  
209 **glorified**" (Isaiah 61:3)!

210  
211 **7. We have been delivered from sin** (Romans 7:23). "...If we have  
212 been **planted together in the likeness of his death** we shall be  
213 also **in the likeness of His resurrection**" (Romans 6:5). "**How**  
214 **[then] shall we that are dead to sin live any longer therein**"  
215 (Romans 6:2)? "**He that is dead is freed from sin**" (Romans 6:7).  
216 **Being dead to sin, we ...serve in newness of spirit** (Romans  
217 7:6). "**Being ...made free from sin**, [we] became the servants of  
218 righteousness" (Romans 6:18), "...servants to God, [so **we**] **have**  
219 **[our] fruit unto holiness and the end everlasting life**" (Romans  
220 6:22). "...[Christ] bore our sins in his own body on the tree,  
221 that we, being dead to sins, should live unto righteousness" (1  
222 Peter 2:24). Therefore, we are encouraged to **consider**  
223 **"...[ourselves] to be dead indeed unto sin, but alive unto God**

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224 **through Jesus Christ our Lord**" (Romans 6:11). Specifically, we  
225 are to **"set [our] affection on things above, not on things on**  
226 **the earth"** (Colossians 3:2). These instructions beg the  
227 question: Am I dead to sin and alive to God? Alternatively, am  
228 I dead to God and alive to sin? In which camp do I belong? Is  
229 my life characterized by a holier atmosphere, one in which I  
230 live as though I am in the very presence of God? **Is your**  
231 **decision regarding overcoming with Christ as presented in**  
232 **Galatians 2:20 both conscious and informed? If you have**  
233 **inadvertently overlooked Galatians 2:20, then please read**  
234 **Hebrews 10:26?**

235  
236 8. "We wrestle not against flesh and blood..." (Ephesians 6:12) so  
237 the battle with sin is often fierce, but "the battle is the  
238 Lord's" (1 Samuel 17:47). He says, "...I will never leave thee  
239 nor forsake thee" (Hebrews 13:5); moreover, He "...will contend-  
240 fight with, struggle against...him that contends with thee..."  
241 (Isaiah 49:25). Furthermore, we have the assurance that **"no**  
242 **weapon ...formed against [us] shall prosper [and] every tongue**  
243 **that rises against [us] in judgment [we] shall condemn.** This is  
244 the heritage of the servants of the Lord; **their righteousness is**  
245 **of me..."** (Isaiah 54:17). "[Christ is the] righteousness from  
246 God ...to which the Law and the Prophets (Genesis 49:10)  
247 testified" (Romans 3:21) and He is our righteousness (2 Peter  
248 1:1; Romans 5:21, 1 Corinthians 1:30). "He took our sins on  
249 himself ...so that we, **being dead to sin,** might **have a new life**  
250 **in righteousness..."** (1 Peter 2:24 Basic English Bible).  
251 Therefore, when temptation arises, i.e., "...when [we are] drawn  
252 away of [our] own lust, and enticed" (James 1:14), invoke all  
253 God's promises that speaks to our deliverance from sin. We must  
254 also remember that we are "...aliens, strangers and exiles in  
255 this world; [therefore, we are to] abstain from the sensual

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256 urges [the evil desires, the passions of the flesh, [our] lower  
257 nature] that wage war against the soul" (1 Peter 2:11, Amplified  
258 Bible). "Our citizenship is in heaven..." (Philippians 3:20,  
259 English Standard Version). How can we know and embrace these  
260 promises and simultaneously live in sin if **"we [have indeed**  
261 **died] to sin..." (Romans 6:2)?**

262  
263 **9.** "...Is... Christ the minister of sin..." (Galatians 2:17)? "...  
264 [Christ was] the Lamb slain from the foundation of the world"  
265 (Revelation 13:8), but "...in the end of the world He appeared to  
266 put away sin by the sacrifice of himself" (Hebrews 9:26).  
267 Hence, "when the fullness of time came, Jesus... offered His body,  
268 i.e. ...DIED for our sins [1 Corinthians 15:3], **sanctified**  
269 (Hebrews 10:10) and **perfected us forever** (Hebrews 10:14). It is  
270 indeed finished (John 19:30). Sin shall not have dominion over  
271 [us] (Romans 6:14), not while we are **children of God** (1 John  
272 3:1-2 NIV). Like Moses, we must choose to suffer affliction...  
273 than to enjoy the pleasures of sin for a season" (Hebrews 11:24-  
274 25). We must reject the idea that we have to sin and, by faith,  
275 embrace: "...they overcame him by the blood of the Lamb and by  
276 the word of their testimony..." (Revelation 12:11). **The promise**  
277 **of victory over sin is part of the "...all things are possible**  
278 **to [them] that believe" (Mark 9:23) AND "as [a person] thinks in**  
279 **[the] heart, so is s/he..." (Proverbs 23:7).**

280  
281 10. When we "repent and... baptize... in the name of Jesus Christ...  
282 [we] receive the... Holy Ghost" (Acts 2:38) and "as many as  
283 receive Him-[who is '...the way to the Father, the truth and the  
284 life...' (John 14:6)]-to them **He gives POWER to become children,**  
285 **[i.e., sons and daughters] of God** (Galatians 3:26), even to them  
286 that believe on His name" (John 1:12). **"Turn you at my reproof:**  
287 **behold, I will pour out my Spirit unto you; I will make known my**

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288 words unto you" (Proverbs 1:23). The NIV renders Proverbs 1:23  
289 this way, "If you had responded to my rebuke, I would have  
290 poured out my heart to you and made my thoughts known to you."  
291 God "...guides the humble in what is right and teaches them His  
292 way" (Psalms 25:9), which "...holy men of God [uttered] as they  
293 were moved by the Holy Ghost" (2 Peter 1:21). **By humility and  
294 obedience, we receive the Holy Spirit and revelation.**

295  
296 11. If we **live in the Spirit, let us walk in the Spirit**" (Galatians  
297 5:25). And "God, [who] is not a man that He should lie..."  
298 (Numbers 23:19) says, **Walk in the Spirit and you will not**  
299 **fulfill the lust of the flesh**" (Galatians 5:16). Here is the  
300 principle Brethren: "He that sows to his flesh shall of the  
301 flesh reap corruption; but **he that sows to the Spirit shall of**  
302 **the Spirit reap life everlasting**" (Galatians 6:8). "There is  
303 ...no condemnation to them [that] are in Christ Jesus who  
304 **walk... after the Spirit**" (Romans 8:1) because "...when **the**  
305 **Spirit of truth** comes, He **...guides... into all truth...**" (John  
306 16:13). **Hence, your "...ears shall hear a word behind thee,**  
307 **saying, this [is] the way, walk... in it,** when you turn to the  
308 right hand and when you turn to the left" (Isaiah 30:21). Jesus  
309 said, "I am the true vine and my Father is the husbandman" (John  
310 15:1). Of His disciples, He said, "...You are the branches [and]  
311 he that abides in me and I in him, the same bring forth much  
312 fruit..." (John 15:5). How do we abide in Him and what is the  
313 fruit? "Hereby we know that we know him, if we **keep his**  
314 **commandments**" (1 John 2:3). "Whoso **keeps His word,** in him  
315 verily is the love of God perfected and hereby [do we] know...  
316 that we are in him" (1 John 2:5). "He that **keeps His**  
317 **commandments dwells in Him....** And hereby we know that **He**  
318 **abides in us by the Spirit which He gives us**" (1 John 3:24).  
319 **"The fruit of the Spirit is love, joy, peace, longsuffering,**

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320 gentleness, goodness, faith, meekness and temperance (Galatians  
321 5:22-23). **We overcome sin by walking in the Spirit by obeying**  
322 **God's word, including His commandments, obeying the voice of the**  
323 **Holy Spirit and bearing the fruit of the Holy Spirit.**

324  
325 12. The entrée to the realm of the Holy Spirit is repentance,  
326 baptism and conversion. Therefore, Scripture says, "Repent and  
327 be baptized... in the name of Jesus Christ for the remission of  
328 sins and you shall receive the gift of the Holy Spirit" (Acts  
329 2:38, 1 John 4:13; 1 Thessalonians 4:8; 2 Corinthians 1:22).  
330 [The Spirit] ...causes [us] to walk in [God's] statutes [i.e.,  
331 established rule]... (Ezekiel 36:27) and... [His] truth (John  
332 16:13). "As many as are **led by the Spirit of God, they are the**  
333 **sons [and daughters] of God**" (Romans 8:14). [We] "...received  
334 the Spirit of adoption... (Romans 8:15), [which bore] witness with  
335 our spirit that we are children of God" (Romans 8:16 & 1 John  
336 3:1-2, NIV). "...In times past, [we had our conversation, i.e.,  
337 lifestyle], in the lusts of our flesh, fulfilling the desires of  
338 the flesh and of the mind, and were by nature the children of  
339 wrath" (Ephesians 2:3). Now, we should "...no longer live the  
340 rest of [our] time in the flesh to the lusts of men, but to the  
341 will of God" (1 Peter 4:2). **Therefore, as children of God, let**  
342 **us follow the Holy Spirit!**

343  
344 13. The matter of whom we follow directly links to our success or  
345 failure! "...Of whom a man is overcome, of the same is he  
346 brought into bondage" (2 Peter 2:19). "...To whom you yield  
347 yourselves servants to obey, his servants you are to whom you  
348 obey; whether of sin unto death, or of obedience unto  
349 righteousness" (Romans 6:16). **"Whosoever commits sin is the**  
350 **servant of sin"** (John 8:34). However, God desires that "sin  
351 shall not be [our] master..." (Romans 6:14, NIV). **"...Our old**

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352 man [has been] crucified with Him, that the body of sin might be  
353 destroyed, that henceforth we should not serve sin" (Romans  
354 6:6). "He that is dead is free from sin" (Romans 6:7).  
355 **However, what is our part in overcoming natural and hereditary**  
356 **tendencies to disobey God?**

357  
358 14. "[Consider] yourselves to be dead... to sin, but alive unto God  
359 through Jesus Christ..." (Romans 6:11). "My sons, if sinners  
360 entice [you], consent... not" (Proverbs 1:10). "...**Keep yourself**  
361 **pure, do not participate in the sin's of others**" (1 Timothy  
362 5:22). "Let not sin... reign in your mortal body that you  
363 **should obey it** in the lusts thereof" (Romans 6:12). Remember  
364 "...every man is tempted when he is drawn away of his own lust  
365 and enticed" (James 1:14). Therefore, "[do not] yield your  
366 **members as instruments of unrighteousness unto sin: but yield**  
367 **yourselves unto God, as those that are alive from the dead...**"  
368 (Romans 6:13). "Sin shall not have dominion over you..."  
369 (Romans 6:14), because you were "...made free from sin [when  
370 you] became the servant of righteousness" (Romans 6:18). "When  
371 [we] were the servants of sin, [we] were free from  
372 righteousness" (Romans 6:20). "Now **being made free from sin and**  
373 **become servants of God, [we] have [our] fruit unto holiness and**  
374 the end everlasting life" (Romans 6:22). Therefore, "...If we sin  
375 willfully after... we **have received the knowledge of the truth**  
376 **(John 14:6)**, there remains NO more sacrifices for sins" (Hebrews  
377 10:26). Presumptuous sinning will lead to death (Deuteronomy  
378 17:12-13). **Victory or defeat occurs with consent and the one to**  
379 **whom we consent largely depends upon whether we consider**  
380 **ourselves either dead or alive to that entity!**

381  
382 15. God takes a very serious tone with those who cling to sin. He  
383 has promised to "...hide [His] face from [us and observe]

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384 ...what [our] end shall be... [if we] are a froward (i.e.,  
385 difficult to deal with, stubborn, disobedient) generation,  
386 children in whom is no faith" (Deuteronomy 32:20). It is a  
387 fearful thing for God to say, "... [You] have set at naught all  
388 my counsel and would [heed] none of my reproof" (Proverbs 1:25);  
389 therefore, when "... [You] call upon me ...I will not answer..."  
390 (Proverbs 1:28). We all have God's personal invitation to ["...be  
391 not conformed to this world, but be transformed by the renewing  
392 of [our] mind..." (Romans 12:2). As we heed God's invitation, how  
393 much better it is for God to say of us, "... [Have you]  
394 considered my servant [INSERT YOUR NAME], that [there is] none  
395 like him [/her] in the earth, a perfect and an upright man  
396 [/woman], one that fears God and eschews evil" (Job 1:8)?

397  
398 16. Do not panic if you look over your life and recall periods when  
399 you were not dead to sin! **"The Spirit quickens, the flesh**  
400 **profits nothing;** the words that [Jesus] speaks unto [us], they  
401 are spirit and life (John 6:63). **"That which is born of flesh**  
402 **is flesh; ...that which is born of the Spirit is spirit"** (John  
403 3:6). **"...We are not in the flesh but in the Spirit, [because]**  
404 **the Spirit of God dwells in [us]** (Romans 8:9). ...God [sent] His  
405 own son... [to] condemn sin in the flesh (Romans 8:3) that **the**  
406 **righteousness of the law** might be **fulfilled in us who walk...**  
407 **after the Spirit** (Romans 8:4). Furthermore, **"...[Jesus] lives**  
408 **in us... by the Spirit He gave us"** (1 John 3:24, NIV). **"...We live**  
409 **in Him and He in us, because He has given us of His Spirit"** (1  
410 John 4:13). Therefore, **"...if Christ [lives] in [us], the body**  
411 **[is] DEAD [to] sin...** (Romans 8:10) **[and we can overcome the**  
412 **duplicity problem** of] having a name, which suggests we are alive  
413 when in reality we are dead (Revelation 3:1). Cling to these  
414 promises: **"No one who lives in Him keeps on sinning..."** (1 John  
415 3:6, NIV). "If the Spirit of [God] that raised Jesus from the

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416 dead dwells in [me], He that [awakened] Christ from the dead  
417 shall also quicken our mortal bodies... (Romans 8:11); therefore,  
418 we have no obligation to do what [the] sinful nature urges  
419 (Romans 8:12, NLT). **Proclaim it on the mountain top, free at**  
420 **last, free at last, thank God almighty, free at last. Free to**  
421 **live holy in-Christ.**

422  
423 SUMMARY OF KEY POINTS: At the New Birth, we received the Holy  
424 Spirit, who planted God's seed of righteousness in our hearts;  
425 therefore, we began the new life of dying daily to self and sin.  
426 Consequently, we remain steadfast against willful, intentional sin  
427 because the abundant grace of God teaches us that we should live  
428 soberly, righteously and godly in this present world as we look for  
429 that blessed hope and glorious appearing of Jesus Christ. **"If we**  
430 **serve sin, we cannot serve Christ.** The Christian will feel the  
431 promptings of sin, for the flesh lusts against the Spirit; but the  
432 Spirit strives against the flesh, keeping up a constant warfare.  
433 Here is where Christ's help [matters]. Human weakness becomes united  
434 to divine strength and faith exclaims, 'Thanks be to God [who] gives  
435 us the victory through our Lord Jesus Christ'" (1 Corinthians 15:57  
436 in The Sanctified Life {SL} 92.2). "It is the work of the human  
437 agent to be strong, not in his [/her] own finite strength, but in the  
438 strength of the Lord, in the power of His might" (Sons and Daughters  
439 of God, {SD} 346.2).

440

## 441 ANSWER SOURCE: SACRED WRITINGS

442

443 The study question asks, "How can I live so that sin does not have  
444 dominion over me?" Answers follow!

445

446 1. "The Holy Spirit is the breath of spiritual life in the soul.  
447 The impartation of the Spirit is the impartation of the life of  
448 Christ; it imbues the receiver with the attributes of Christ"  
449 (The Desire of Ages, {DA}, 805). **"Christ always separates the**  
450 **contrite soul from sin.** He came to destroy the works of the  
451 devil, and He has made provision that the Holy Spirit shall be

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452 imparted to every repentant soul, to keep him/[her] from  
453 sinning" (DA 311.2). "The Spirit of God does not create new  
454 faculties in the converted man.... When mind, heart and soul  
455 are changed, man is not given a new conscience, but **his will is**  
456 **submitted to a conscience renewed**, a conscience whose dormant  
457 sensibilities are aroused by the working of the Holy Spirit"  
458 (Our High Calling, {OHC} 104.2).

459  
460 2. "It is for you to yield up your will to the will of Jesus Christ  
461 and as you do this, God will immediately take possession and  
462 work in you to will and to do of His good pleasure. Your whole  
463 nature will then be... under the control of the Spirit of Christ  
464 and even your thoughts will be subject to Him. You cannot  
465 control your impulses [or] your emotions, as you may desire; **but**  
466 **you can control the will** and you can make an entire change in  
467 your life. **By yielding up your will to Christ**, your life will  
468 be hid with Christ in God and allied to the power, which is  
469 above all principalities and powers. You will have strength  
470 from God that will hold you fast to His strength; and a new  
471 light, even the light of living faith, will be possible to you"  
472 (OHC 103.5). "The will is the governing power in the nature of  
473 man, bringing all the other faculties under its sway. ...It is  
474 the deciding power, which works in the children of men unto  
475 obedience to God or unto disobedience.... (OHC 103.2). "You  
476 desire to make your life such as will fit you for heaven at  
477 last. You are often discouraged at finding yourself weak in  
478 moral power, in slavery to doubt, and controlled by the habits  
479 and customs of your old life in sin.... Your promises are like  
480 ropes of sand (OHC 103.3). **YOU WILL BE IN CONSTANT PERIL UNTIL**  
481 **YOU UNDERSTAND THE TRUE FORCE OF THE WILL**. You may believe and  
482 promise all things, but **YOUR PROMISES OR YOUR FAITH ARE OF NO**

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483 **VALUE UNTIL YOU PUT YOUR WILL ON THE SIDE OF FAITH AND ACTION"**  
484 (OHC 103.4).

485  
486 3. "God has given us light that we cannot disregard or treat with  
487 indifference or contempt. **He has let LIGHT shine upon us in**  
488 **reproofs [and] warnings, that... if we... take hold upon it, [we**  
489 **will] ESCAPE the dangers that beset our pathway.** [But if we]  
490 "d disdain... [God's] counsel and would have none of [His] rebuke"  
491 (Proverbs 1:25, Modern KJV), how shall "all Scriptures... [be]  
492 profitable [unto us] for doctrine, for reproofs, for correction  
493 and instruction in righteousness, that [as] children of God [we]  
494 may be perfect, thoroughly furnished unto all good works" (2  
495 Timothy 3:16). On the contrary, **if we heed God's reproofs and**  
496 **warnings**], **when temptations arise we may be guarded and we may**  
497 **discern them because the Lord has pointed them out to us, that**  
498 **we shall not be deceived"** (Selected Messages Book 3, {3SM}  
499 360.1)!

500  
501 4. "Christ reaches us where we are. **He took our nature and**  
502 **overcame that we through taking His nature might overcome. He**  
503 **bids us, by faith in Him, [to] attain to the glory of the**  
504 **character of God.** We are to be perfect, even as our 'Father  
505 which is in heaven is perfect'" (Matthew 5:48 in DA 311.5). But  
506 "...how little man... comprehends the perfection of God..." (The  
507 Upward Look, {UL} 340.3)?

508  
509 5. "...The temptations that Christ overcame [assail all] but  
510 strength is [available to us] in the all-powerful name of the  
511 great Conqueror, [Jesus Christ], and all must... individually  
512 overcome (Confrontation {Con} 63.3). **"Those who are looking for**  
513 **the revelation of Christ in the clouds of heaven... will: hate sin**

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514 **and iniquity, even as Christ hated sin...**" (Genesis 3:15 in RC  
515 59.2).

516  
517  
518 6. **"Our work is to resist the devil..."** (That I May Know Him, {TMK}  
519 245.2). **Submit yourselves... to God, resist the devil and he**  
520 **will flee from you** (James 4:7 in TMK 245.1). "God is not a man  
521 that He should lie..." (Numbers 23:19). When God says submit to  
522 Him (Jesus), resist the Devil and the Devil will flee, that is  
523 exactly what God means. **"Satan will come to you saying: 'You**  
524 **are a sinner.'** Do not let him fill your mind with the thought  
525 **that, because you are sinful, God has cast you off** (In Heavenly  
526 Places, {HP} 116.2). RESIST HIM!

527  
528 a. To resist Satan, **"...grasp God's promises by faith and say,**  
529 **'I am the lost sheep that Jesus came to save, [and] a new**  
530 **life will take possession of you, and you will receive**  
531 **strength to resist the tempter.'** You must not expect to  
532 **feel some wonderful emotion"** (HP 116.3) [because] **"a life**  
533 **in Christ is a life of restfulness. There may be no ecstasy**  
534 **of feeling, but there should be an abiding, peaceful trust"**  
535 (Selected Messages, Book 3, {3SM} 356.3). **"Many judge**  
536 **their religious state by their emotions, but these are not**  
537 **a safe criterion. OUR CHRISTIAN LIFE DOES NOT DEPEND UPON**  
538 **OUR FEELINGS, BUT UPON OUR HAVING A RIGHT HOLD FROM ABOVE"**  
539 (In Heavenly Places, {HP} 45.5); therefore, let us seek for  
540 that perfect peace, which in the midst of opposition and  
541 cruel treatment is **"...never... dejected by censure or**  
542 **disappointment"** (DA 330.3). **"[Our] part is to put [our]**  
543 **will on the side of Christ. When [we] yield [our] will to**  
544 **His, He immediately takes possession of [us] and works in**

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545 [us] to will and to do of His good pleasure" (God's Amazing  
546 Grace, {AG} 209.3).

547  
548 b. To resist Satan, **"...take Christ as your helper and plead**  
549 **with Him for strength.** Also, build... up yourselves on  
550 your most holy faith and pray... in the Holy Ghost (Jude  
551 1:20, Modern KJV). While we do these things, we should  
552 also remember God's counsel in Isaiah—"Fear not; for I [am]  
553 with you; be not dismayed; for I [am your] God: I will  
554 strengthen [you], I will help [you]; I will uphold [you]  
555 with the right hand of my righteousness" (Isaiah 41:10).

556  
557 c. To resist Satan, **"...present Christ [to Satan] as your**  
558 **Advocate and Savior and repeat the following promises:**

559 i. "God so loved the world that He gave His only Son that  
560 whosoever **believes in Him** will not perish but **have**  
561 **everlasting life**" (John 3:16). "...Jesus came to seek  
562 and save that which was **lost**. He came NOT to call the  
563 righteous, but sinners to **repentance**" (Mark 2:17 in  
564 TMK 245.3) and "[...whoever **comes] to [Jesus]** will...  
565 **[not be] cast out**" (John 6:37). Therefore, "let him  
566 **take hold of [God's] strength** that [s/he] may **make**  
567 **peace with [God];** and [s/he] shall make peace with  
568 [God]" (Isaiah 27:5).

569  
570 d. To resist Satan when he comes to you and tells you that  
571 because you are unhappy, perplexed and troubled, you are  
572 not a child of God,

573 i. Recognize that "Uneasiness, dissatisfaction, and  
574 restlessness reveal the absence of the Savior" (Mind,  
575 Character and Personality, {2MCP" 642.2). Then, [cast  
576 your cares upon Christ for He cares for you] (1 Peter  
577 5:7). Next, gird up the loins of your mind, be sober

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578 and rest your hope fully upon the grace that is to be  
579 brought to you at the revelation of Jesus Christ (1  
580 Peter 1:13, Modern KJV) and focus on “[...your]  
581 inheritance [that is] incorruptible, undefiled that  
582 fades not, reserved in heaven for you” (1 Peter 1:4).  
583 Let your heart [rest] in God for there remains a rest  
584 unto the people of God (Hebrews 4:9). Go to God and  
585 “...find rest to your soul” (Matthew 11:28 in TMK  
586 245.4).

587  
588 e. To resist Satan, we must meet him as Jesus did [and] we  
589 should escape many a defeat (DA 120.2). Jesus met Satan  
590 with the words of Scripture (Matthew 4:3-10). ...In every  
591 temptation, [Jesus used] ...the word of God. **A firm reliance**  
592 **on [Scripture] ...could not be [disputed** and] so long as  
593 Christ held to this position, the tempter could gain no  
594 advantage (DA 120.1).

595  
596 SUMMARY OF KEY POINTS: God provides instruction and counsel for  
597 our protection and gives the Holy Spirit to every repentant soul to  
598 keep us from sinning. We can overcome habitual tendencies to sin by  
599 partaking of the divine nature. Those who are looking for the  
600 revelation of Christ in the clouds of heaven will hate sin even as  
601 Christ hated sin. If we resist the Devil with Scripture as Christ  
602 did, he and his temptations to sin will depart from us.

603

## 604 **DISCUSSION: WHAT DO THESE THINGS MEAN?**

605 The new life in Christ ushers us into the realm of holiness.  
606 Holiness gives us access to divine resources that facilitates  
607 separation from intentional sin. Because all things are possible to  
608 them that believe, one must accept and embrace the notion of  
609 separation from sin; then earnest efforts follow to avoid willful  
610 transgression.

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## 611 CONCLUSIONS: WHERE DO WE GO FROM HERE?

612  
613 The life Christ lived in this world, men and women can live through  
614 His power and under His instruction. In their conflict with Satan,  
615 they may have all the help that He [Christ] had. They may be more  
616 than conquerors through Him who loved them and gave Himself for them  
617 (Romans 8:37 in 9T 22.1). God has set a high standard for His sons  
618 and daughters. The question remains, "Do we have faith as a grain of  
619 mustard seed" (Luke 17:6 & Matthew 17:20) to believe that we can  
620 overcome habitual sin by dependence on God through the Holy Spirit?

621  
622 [No satanic legions] can injure you unless you open your soul to the  
623 arts and arrows of Satan. Your ruin can never take place until your  
624 will consents. If there is not pollution of mind in [you], all the  
625 surrounding pollution cannot taint or defile you (Mind, Character and  
626 Personality, Vol. 2, {2MCP} 710.1). Therefore, we must "...not  
627 conform to this world, but be transformed by the renewing of [our]  
628 mind..." (Romans 12:12). If we believe on Jesus, repent, baptize and  
629 receive the Holy Ghost (Acts 2:38), ... [we will] reflect... the bright  
630 rays of His glory (OHC 213.6) and represent and honor Christ (OHC  
631 213.3) because we are [His] witnesses and [servants] (Isaiah 43:10)  
632 [while] He "...dwells in... and walks in... [us]" (2 Corinthians 6:16  
633 in DA 311.4). **"There is no excuse for sinning. A holy temper, a  
634 Christlike life, is accessible to every repenting, believing child of  
635 God"** (DA 311.3).

636  
637 "[Christ] saw that if human beings believed on Him, they would  
638 [receive] power against the host of fallen angels, whose name is  
639 legion. **Christ strengthened His soul with the thought that, by the  
640 wonderful sacrifice which He was about to make, the prince of this  
641 world was to be cast out, and men and women placed where, through the  
642 grace of God, they could regain what they had lost"** (Testimonies for  
643 the Church, Vol. 9, {9T} 21.4). Jesus is our victory! "...Angels  
644 protect those who walk humbly before God (Hebrews 1:13-14; Matthew

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645 4:11 in Christian Service {ChS} 166.2). [“His angels that excel in  
646 strength (Psalm 103:20), [are] “ministering spirits, sent forth to  
647 minister for them who shall be heirs of salvation” (Hebrews 1:14)].  
648 He does not leave His people [defenseless] to... Satan's temptations  
649 (ChS 166.4).

650  
651 “...The temptations that Christ overcame [assail all] but strength is  
652 [available to us] in the all-powerful name of the great Conqueror,  
653 [Jesus Christ], and all must... individually overcome (Confrontation  
654 {Con} 63.3). [“...Be not conformed to this world, but be transformed  
655 by the renewing of your mind...” (Romans 12:2). The law of God in our  
656 hearts (Hebrews 8:9–11) will bring our own interests in subordination  
657 to high and eternal considerations (SD 50.6). Those who are looking  
658 for the revelation of Christ in the clouds of heaven... will: hate sin  
659 and iniquity, even as Christ hated sin [and] ...keep the commandments  
660 of God as Christ kept His Father's commandments ([John 14:15 in] RC  
661 59.2). Sadly, however, “Many, while professing to be servants of  
662 Christ, are obeying another master, working daily against the Master  
663 whom they profess to serve” (Testimonies for the Church, Volume 2,  
664 {2T} 442.1). “The works of many of Christ's professed followers will  
665 not bear the test when examined by the light that now shines upon  
666 them. For this cause, many do not come to the light lest it shall...  
667 manifest that their works are not... [of] God” (2T 689.2).

668

### 669 CALL TO ACTION: WHAT SHALL WE DO

670

671 Repent and be converted (Acts 3:19). This repentance, which brings  
672 conversion in Acts 3:19 is the same repentance associated with  
673 baptism, forgiveness of sins and reception of the Holy Ghost in Acts  
674 2:38. **Therefore, the call to repentance is an invitation to receive  
675 power for transformation of character to live without sinning.** It  
676 sounds incredible, but Jesus reminds us: “All things are possible to

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677 [them] that believe" (Mark 9:23). Paul describes the new lifestyle  
678 in Jesus as standing "...fast in the liberty wherewith Christ has made  
679 us free and [asks us to] be not entangled again with the yoke of  
680 bondage" (Galatians 5:1). TRUE REPENTANCE IS MORE THAN SORROW FOR  
681 SIN. IT IS A RESOLUTE TURNING AWAY FROM EVIL (Patriarchs and  
682 Prophets, {PP} 557.2); turning from wicked ways (2 Chronicles 7:14).  
683 Repentance is sorrow for sin and a turning away from it (Conflict and  
684 Courage, {CC} 63.6).

685  
686 "...The grace... God gives to [us] by the effectual working of His  
687 power (Ephesians 3:7) enables sowing to the Spirit (Galatians 6:8)  
688 and sowing in righteousness (Hosea 10:12). And as we sow to the  
689 Spirit and sow in righteousness, we can "offer the sacrifices of  
690 righteousness; put our trust in the Lord" (Psalm 4:5) AND "yield  
691 [our] members as servants to righteousness (Romans 6:19 & 22).  
692 Marvelous grace joins with the principle of sowing and reaping to  
693 break the cycle of habitual sin against God.

694  
695 The Bible offers five tools that we can use to help us in the warfare  
696 against sin. These tools appear under the whole armor of God (1  
697 Samuel 17:37), [which if we put on, we will] be able to stand against  
698 the wiles of the devil (Ephesians 6:11) [in our warfare] against  
699 principalities, powers, rulers of the darkness of this world [and]  
700 spiritual wickedness in high places (Ephesians 6:12). Examine  
701 elements of the armor that follows:

- 702 1. Gird—i. e., past tense of gird as in surround—the loins (Ephesians  
703 6:14) ...with truth (John 17:17). Truth functions or serves as an  
704 outer barrier of protection, a perimeter wall.
- 705 2. Use the breastplate of righteousness (Ephesians 6:14; 2 Peter 1:1;  
706 Philippians 3:9; Romans 10:4 & 6). Righteousness functions or  
707 serves as an inner barrier or protection.

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708 3. [Dress the] feet with the preparation of the **Gospel of peace**  
709 (Ephesians 6:15; Acts 10:38; Luke 4:18). As you go about, spread  
710 the Gospel of peace.

711 4. Take the shield of **faith** to quench-suppress-all the fiery darts of  
712 the wicked (Ephesians 6:16). **Faith functions or serves as an**  
713 **intermediary shield between the inner barrier of righteousness and**  
714 **outer barriers of truth.**

715 5. Take the helmet of salvation and the sword of the Spirit, which is  
716 the **Word of God** (Ephesians 6:17). The Word of God protects the  
717 head and arms the hands.

718  
719 **[With the whole armor of God: truth, faith, righteousness, the gospel**  
720 **of peace and the Word of God] "...we are to cut our way through the**  
721 **obstructions and entanglements of sin" (The Acts of the Apostles,**  
722 **{AA} 502.2).** And having severed the ties that bind us to sin, we can  
723 walk with **Jesus—[i.e., walk in the Spirit]—relying on His strength,**  
724 **His power and His grace to live on earth, surrounded by a "tainted,**  
725 **corrupted atmosphere..., but [breathing] the pure air of heaven... by**  
726 **lifting the soul into the presence of God through sincere prayer" (RC**  
727 **122.3). "Let the soul be drawn out and upward that God may grant us**  
728 **a breath of the heavenly atmosphere (RC 122.5).**

729  
730 Put on the armor of God; resist temptation, "...depart from  
731 iniquity..." (2 Timothy 2:19, 2 Chronicles 7:14), "keep your tongue  
732 from evil and [your] lips from speaking guile"—i.e., deceptive or  
733 misleading speech (Psalms 34:13), "...do good; seek and pursue peace"  
734 (Psalms 34:14), be filled with joy and the Holy Ghost (Acts 13:52,  
735 Luke 1:41 & 67). When our lives overflow with these things, we will  
736 live liberated from sin.

737  
738 It seems like we have said enough on this topic and perhaps we should  
739 wrap up now. However, there is still more to learn. To be a

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740 conqueror, it helps to understand the devil's strategy for leading  
741 humanity into sin. *It was in the time of greatest weakness that*  
742 *[Satan assailed] Christ by the fiercest temptations (Matthew 4:2).*

743 Thus, Satan thought to prevail. **By this policy, he has gained the**  
744 **victory over men.** When: a) **Strength fails**, b) **Will power weakens** and  
745 c) **Faith ceases to repose in God**; those who had stood long and  
746 valiantly for right [capitulated]. [Two brief examples follow!]

747 **Moses**, wearied with the forty years' wandering of Israel, **when**  
748 **for the moment his faith let go its hold upon infinite power; he**  
749 **failed just upon the borders of the Promised Land** (Exodus 17:3-  
750 7; Numbers 20:7-13).

751  
752 Heavy was the burden that Elijah bore in behalf of Israel;  
753 faithful had been his warnings against national idolatry; and  
754 deep was his solicitude [i.e., concern and care] during 3½ years  
755 of famine. He watched and waited for some token of repentance.  
756 Alone he stood for God upon Mount Carmel. Through the power of  
757 faith, idolatry [capitulated] and the blessed rain testified to  
758 the showers of blessing waiting to be poured upon Israel  
759 (Education, {Ed} 151.1). Elijah... stood undaunted before King  
760 Ahab, faced the whole nation of Israel with the 450 prophets of  
761 Baal at their head. After that terrible day upon Carmel, [after  
762 the slaying of] the false prophets... and the people declared  
763 their allegiance to God, **Elijah fled for his life before the**  
764 **threats of the idolatrous Jezebel** (1 Kings 18:1-46 & 1 Kings  
765 19:1-4 in DA 120.2). **...In his weariness and weakness... his**  
766 **faith had failed**" (Ed 151.1). **Thus, Satan has taken advantage**  
767 **of the weakness of humanity. ...He still works in the same way**  
768 **[today]. Whenever [people are] perplexed by circumstances or**  
769 **afflicted by poverty or distress, Satan is at hand to tempt and**  
770 **annoy. He attacks our weak points of character** (DA 120.2).

771

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772 In closing, here is yet another perspective on Satan attacks.  
773 “[Satan attacks during periods of essential trials, which are  
774 necessary for the purification of the church]. Under these trials,  
775 some regard themselves as abused and instead of humbling their  
776 hearts, they rise up in indignation (i.e., anger directed at  
777 unfairness). Satan watches his opportunity to present some pleasing  
778 sophistry—a flawed/erroneous method of reasoning—that will captivate  
779 the minds of the tempted [and indignant] ones and lead them to accept  
780 his fables (false accounts/theories). Those who are thus deceived  
781 become channels through which other minds are seduced by delusive  
782 sentiments” (UL 338.6). Against this medley of expertly  
783 orchestrated, satanic attacks, “How can I live so that sin does not  
784 have dominion over me?” **“...Submit to the molding influence of the  
785 Holy Spirit [to] ...receive the fullness of the Godhead and [be]  
786 fashioned in the likeness of the divine” (The Acts of the Apostles,  
787 {AA} 49.3). “...As Christ has suffered for us in the flesh, arm  
788 yourself... with the same mind for [s/he] that has suffered in the  
789 flesh has ceased from sin that [s/he] should no longer live the rest  
790 of his [or her] time in the flesh to the lusts of men, but to the  
791 will of God” (1 Peter 4:1-2). The table that follows contrasts  
792 abiding in the flesh vs. abiding in the Spirit to accentuate how we  
793 might live so that sin does not have dominion over us.**

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| # | <b>Abiding Place*</b>  |   |
|---|--|---|
|   | <b>In the Flesh</b>  | <b>In the Spirit</b>  |
| 1 | Walk according to the Prince of the Power of the air whose spirit works in the children of disobedience to fulfill the lusts {i.e., works} of the flesh (Eph 2:2-3). | Repented and baptized (Acts 2:38) and/or received the laying-on-off hands (Acts 8:14-17); therefore, the Spirit of God dwells within you (Rom 8:9; Eph 5:18; 1 John 3:24 & 4:13). You are sealed (Eph 1:13); have access to the Father (Eph 2:18) and receive help with infirmities (Rom 8:26); not living any longer in sin (Rom 6:2) because you are freed from the LAW OF SIN (Rom 6:7 & 18; 8:2). The old man was crucified (Rom 6:6); we are now under <u>grace</u> so sin no longer exercises dominion over us (Rom 6:14). The reign of sin ceases so obedience to sin's lusts ends (Rom 6:12) and we become servants of righteousness (Rom 6:18) and servants of God (Rom 6:22). We have our fruit onto holiness (Rom 6:22) become strong in the Lord and in the power of His might (Eph 6:10); therefore, we yield our members as servants to or instruments of righteousness unto God and unto holiness (Rom 6:13, 16, 18 & 19). |
| 2 | Perform the lusts/works of the flesh, which are: H VIEW FUL DRESS WHAM (Gal 5:19-21; Eph 4:19)   | Fruit of the Spirit is LJP, LGG FMT (Gal 5:22-23; Eph 5:9)  |
| 3 | Serve the law of sin (Rom 7:25) which exists in your members that wars against the law of the mind and brings into captivity to [itself] (Rom 7:23)                  | Walk not after the flesh but after the Spirit (Rom 8:1 & 4; Gal 5:25). Walk in the Spirit and NOT fulfill the lusts of the flesh (Gal 5:16). Led by the Spirit of God (Rom 8:14), you are not under the law (Gal 5:18). The Spirit quickens (John 6:63), i.e., makes alive (Rom 8:10), our body (Rom 8:11) so that we are no longer debtors to the flesh (Rom 8:12), dead in trespasses and sins (Eph 2:1), but sits in heavenly places with Christ (Eph 2:6).  |
| 4 | Motions of sin work in our members to bring forth fruit unto death (Rom 7:5 & 13)  | Created in Christ Jesus unto good works, which God ordained that we should not only walk in them (Eph 2:10), but also be zealous of good works (Titus 2:14); therefore, we rise from the dead and receive light of Christ (Eph 5:14) that we grieve not the Holy Spirit (Eph 4:30).   |

## Overcoming Sin by The Power of The Indwelling Holy Spirit

|   | <b>In the Flesh</b>  | <b>In the Spirit</b>  |
|---|--|---|
| 5   | Attend to the things of the flesh (Rom 8:5)  | Attend to the things of the Spirit (Rom 8:5)  |
| 6   | Walk as Gentiles, in the vanity of your mind (Eph 4:17)  | Being renewed in mind (Eph 4:23), inheriting the mind of servanthood and humility that was also in Christ Jesus (Philippians 2:5, 7-8).   |
| 7   | Sowing to the flesh and reaping corruption (Gal 6:8)   | Sowing to the Spirit and will reap everlasting life (Gal 6:8)   |
| 8   | Flesh profits nothing (John 6:63)  | Constructed for the habitation of God (Eph 2:22)  |
| 9   | No good thing dwells in the flesh (Rom 7:18)   | Crucifying the flesh with its affections and lusts (Rom 5:24)   |
| 10  | Dead in sins (Eph 2:15)  | The Spirit provides power and grace to mortify the deeds of the body (Rom 8:13) so that the body becomes dead to sin (Rom 8:10). Grace teaches us to deny ungodliness and lusts so that we can live soberly, righteously and godly in this present world (Titus 2:11-12). |
| 11  | Not inherit the kingdom of God (Gal 5:21). Fornicators, idolaters, adulterers, effeminate persons, abusers of themselves with humankind, thieves, covetous, drunkards, revilers, and extortionist shall not inherit the kingdom of God (1 Corinthians 6:9-10). | Represented by the wise virgins of Matthew 25:1 who took oil in their lamps (Matt 25:4) so being ready (Rev 19:7), when the bridegroom came, they went in with Him to the marriage (Matt 25:10) supper of the Lamb (Rev 19:9).  |
| 12  | Cannot please God (Rom 8:8)  | Have no fellowship with the unfruitful works of darkness (Eph 5:11).  |
| 13  | Self-righteousness are as filthy rags (Isaiah 64:6)  | Your righteousness comes from the Lord (Isaiah 54:17); we have the hope of righteousness by faith (Gal 5:5).  |
| <p>*"I am the vine; ...my Father is the husbandman" (John 15:1). "Every branch in me that bears <b>NOT</b> fruit He takes away; every [branch] that bears fruit He purges that it may bring forth more fruit" (John 15:2). "And if some of the branches [were] broken off, and [you] being a wild olive tree was grafted in among them..., boast not against the branches..." (Romans 11:17 &amp; 18). "Abide in me and I in you. ...The branch cannot bear fruit of itself, except it abide in the vine; no more can you except you abide in me" (John 15:4). <b>"If a man abide not in me he is cast forth as a branch, and is withered; and men gather them, and cast [them] into the fire, and they are burned"</b> (John 15:6). "If you abide in me and my words abide in you, you shall ask what you will and it shall be done unto you" (John 15:7).</p> |  |   |