

# Total Care of Body, Soul and Spirit

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4 **Graham F. Watts, Sr.**

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6 **VISION:** To hear the midnight cry, "The bridegroom comes, go out to meet  
7 Him" (Matthew 25:6) and become like Him when I see Him as He is (1  
8 John 3:2).

9

10 **MISSION:** Purify myself even as Christ is pure (1 John 3:3) to be glad,  
11 to rejoice, give honor to Christ and be ready for the marriage of the  
12 Lamb (Revelation 19:7).

13

14 **VALUES:** Follow the Lamb wherever He goes (Revelation 14:4), be without  
15 fault before God (Revelation 14:5), be perfect even as my Father in  
16 heaven is perfect (Matthew 5:48), wear the Lamb's fine, clean and  
17 white linen (Revelation 19:8) do righteously (1 John 3:10) and walk  
18 humbly with God (Micah 6:8).

19

20 **OVERALL AIM:** Studies presented here unveil Bible knowledge to  
21 inquiring minds to prompt the following inquiries: "Are our feet on  
22 the rock of ages? Are we one with Christ as He is one with the  
23 Father" (John 10:30 in Evangelism, {Ev} 199.1)? Am I crucified with  
24 Christ (Galatians 2:20)?

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26 **PURPOSE/REASON FOR/WHY**

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28 This study focuses on the comprehensive care needs of human beings.

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30 **OBJECTIVES/WHAT WE WANT TO ACCOMPLISH/THESIS**

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32 At the end of this study, the reader is encouraged to re-think  
33 his/her lifestyle and align personal choices with divine counsels.

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36 **SIGNIFICANCE: SO WHAT**

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38 Fragments of biblical statements puzzle the surface reader. Some  
39 examples follow. "...What is your life..." (James 4:14)? "...Take no  
40 thought for your life..." (Matthew 6:25). "...The flesh profits  
41 nothing..." (John 6:63) and "...bodily exercise profits a little..." (1  
42 Timothy 4:8). Taken out of context of the entire, revealed will of  
43 Jehovah, one might live carelessly as a result of faulty reasoning  
44 about what the Bible teaches. But careful readers, deep thinkers and  
45 those who have received unction from the Holy One (1 John 2:20) know  
46 that implied in the command to "Take no thought for your life..."  
47 (Matthew 6:25) is the larger idea that human existence is tied to  
48 more than physical sustenance (Matthew 4:4).

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50 **BACKGROUND CONTEXT**

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52 Kirk Fordice, the Governor of Mississippi in 1992, had a meeting with  
53 Republican leaders in which he described America as a Christian  
54 nation (<http://www.shalomjerusalem.com/heritage/heritage1.html>).  
55 Yet, a 2005 Rasmussen poll of 1,000 adults found that only "...47% of  
56 Americans... pray every day or nearly every day. [And as might be  
57 expected, when responses were considered by religion, race and age,  
58 although percentages were higher, all were below 67% with a  $\pm$  3%  
59 margin of error (<http://legacy.rasmussenreports.com/2005/Prayer.htm>).  
60 If these estimates are reliable, are Christians too busy to pray?

61 Ever since Jesus stated the promise: I go to prepare a place for  
62 you..., Christians have vowed to look and wait for His return. But  
63 with the passage of time, societies have changed from agrarian to  
64 integrated, technological communities, which can demand huge  
65 investments of time and emotional resources. In the end, some find  
66 work and life today all absorbing; sleep depriving and stress  
67 inducing, which set the stage for disease onset. This preoccupation  
68 with human survival, development and progress can sometimes a  
69 workaholic make. And some modern Christians, who believe that: "This  
70 corruptible must put on incorruption, and this mortal must put on  
71 immortality" (1 Corinthians 15:53), appear to lack immunity to  
72 workaholism. Seeing that "...[we] do not belong to [ourselves]" (1  
73 Corinthians 6:19, NLT) and "...every one of us shall give account of  
74 himself [/herself] to God" (Romans 14:12) "who... is ready to judge the  
75 quick and the dead" (1 Peter 4:5 & 17); then it's crucial that we  
76 live our lives in ways that meets divine approval. This background  
77 provided the impetus for the study question that follows.

78

## 79 **STUDY QUESTION**

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81 How should we care for ourselves that we might present a living, holy  
82 sacrifice to God (Romans 12:1)?

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## 84 **ANSWER SOURCE: HOLY BIBLE**

85

86 1. Spirits live in people. And this includes evil spirits (1 Samuel  
87 16:14; 2 Chronicles 18:22; Matthew 15:22; Luke 7:21 & 8:2; Acts  
88 16:16-18 & 19:11-16), which are NOT an emphasis for people in-  
89 Christ (2 Corinthians 5:17). New creatures have a spirit from the  
90 natural birth and another from the spiritual birth! Please read  
91 about the **spirit** from the natural birth in Numbers 16:22 & 27:16;  
92 Job 32:8 and Zechariah 12:1. It is the spirit from the natural  
93 birth that was involved in Paul's struggle in Romans 7:15.

94

95 2. The spirit from the natural birth is twofold. It is not only the  
 96 breath in the nostrils (Job 34:14 & Ecclesiastes 3:21 & 8:8), but  
 97 also human **emotions**: transient mental states that accompany  
 98 physiological changes; **attitudes**: negative, undecided or positive  
 99 judgments formed about things; and **beliefs**: what one holds as  
 100 truth. Please read about these spirits in 1 Chronicles 5:26; Job  
 101 21:4; Psalm 32:2; Proverbs 17:27 & 18:14 & 29:23; Ecclesiastes 2:26  
 102 & 4:4; Isaiah 66:2; Luke 9:55; Romans 2:28-29; 1 Corinthians 2:11;  
 103 1 Peter 3:4; 1 John 4:1 and Malachi 2:15. By the human spirit,  
 104 people focus on things that are true, honest, just, pure, lovely  
 105 and good (Philippians 4:8) and make decisions and choices, which  
 106 either boost or reduce motivation to pursue goals.

107

108 3. The spirit from the new birth is a regenerating power (John 1:12).  
 109 When the new birth occurs, there is repentance, baptism, laying-on-  
 110 of-hands (John 3:6; Acts 19:1-6 & Numbers 27:18-19) AND obedience  
 111 (Acts 5:32; Isaiah 30:21; Daniel 5:11) with everyone who is born of  
 112 the Holy Spirit (John 3:5-6, 8; Galatians 4:29). These distinct  
 113 parts form a type of spiritual sandwich much like a physical  
 114 sandwich. In a spiritual sense, the "...the words [Jesus] have  
 115 spoken... (John 6:63) are the bread;" the **Holy Spirit** is the filling  
 116 between the bread and faith is the spread (Hebrews 4:2). And like  
 117 the physical sandwich, the spiritual supports life. Not  
 118 surprisingly, "...they that wait upon the Lord... renew their  
 119 strength..." (Isaiah 40:31).

120

121 4. Regenerating power and obedience produce health (Proverbs 4:20-22).  
 122 How does that work? Ancient prophets provide clues. "I have  
 123 stretched out My hands all day long to a rebellious people, who  
 124 walk in a way that is not good, according to their own thoughts"  
 125 (Isaiah 65:2), which are different from God's thoughts and ways  
 126 (Isaiah 55:8). Some people believe that their ways are good and

127 right (Proverbs 16:2); hence, they follow their own ways, not  
128 recognizing that the Lord wants to order their steps (Psalm 37:23 &  
129 Proverbs 16:9) in His word (Psalm 119:133) because He knows that  
130 humans cannot self-navigate (Jeremiah 10:23). But few (Isaiah  
131 54:17) listens to Jehovah's call to "...walk in ALL the ways that  
132 [He] commands... that it may be well with [them]" (Jeremiah 7:23).  
133 The majority rejects God's call (Proverbs 1:22-32 & Hosea 14:9).  
134 Therefore, to care for the spirit that it might flourish in health,  
135 one has to "...ask for the old paths, where the good way is, and walk  
136 in it..." (Jeremiah 6:16). This ends the emphasis on the spirit and  
137 a discussion of the soul follows.

138  
139 5. Human beings have a soul. Some characteristics of the soul include  
140 the capacity to experience sorrow, weariness and vexation, which  
141 appear in Genesis 27:46; Judges 4:21; 2 Samuel 16:14 & 17:2; Job  
142 10:1 & 16:7; Psalm 6:6 & 43:5; 2 Thessalonians 3:13; Jeremiah 4:31;  
143 Matthew 11:28; 2 Kings 4:10-27; Job 27:2; Psalm 6:3 & 2 Peter 2:8.  
144 Please read these Scriptures. Even Christ, during His earthly  
145 journey had "travail of His soul..." (Isaiah 53:11 & Matthew 26:36-  
146 44) and the weariness of it warranted that "...an angel... from heaven  
147 strengthen Him" (Luke 22:43-44). The lesson here is troubled souls  
148 require rest, which Jehovah alone gives (Exodus 33:14; 1 Chronicles  
149 23:25; Job 3:17, Isaiah 40:29; Matthew 11:28-30 & Hebrews 4:4 & 9-  
150 10) "...and my soul knows it very well (Psalm 139:14, NASB).

151  
152 6. What is the soul? The soul is the life; body + breath = soul  
153 (Genesis 2:7 & Job 33:4)! But the soul is also the mind: the  
154 structures of the limbic system in connection with the frontal  
155 lobe, which provide cognitive, affective and attentional processing  
156 ([http://en.wikipedia.org/wiki/Limbic\\_system](http://en.wikipedia.org/wiki/Limbic_system)). Hence, we can yearn  
157 after God (Psalm 42:1); we wait and receive satisfaction from Him  
158 (Jeremiah 31:25) and are persuaded of His sovereignty (Romans  
159 14:5). These cognitive capacities distinguish animals and humans.

160  
 161 7. How do we care for the soul? To care for the soul, one abides in  
 162 Christ (John 15:5-7), trusts and acknowledges His supremacy  
 163 (Proverbs 3:5-6) and relates to Him as our source of "...wisdom,  
 164 righteousness, sanctification and redemption" (1 Corinthians 1:30).  
 165 By doing so, we are not soon shaken in mind (2 Thessalonians 2:2)  
 166 although we are "considered as sheep to be slaughtered...", facing  
 167 "...death all day long..." (Romans 8:36, NIV). When we care for the  
 168 soul, God's "...word becomes a lamp to guide [our] feet and a light  
 169 for [our] path" (Psalm 119:105, NLT) and like Christ Jesus, we "...do  
 170 nothing on [our] own..., [but rather] carry out the will of... [God]"  
 171 (John 5:30, NLT & Luke 22:42). In fact, our prayer becomes:  
 172 "...teach me good judgment and knowledge" (Psalm 119:66, NLT) and  
 173 "for the glory of your name, O Lord, preserve my life..." (Psalm  
 174 143:11, NLT). And as "...we give glory to... [God] all day long and  
 175 constantly praise [His] name" (Psalm 44:8, NLT), God "...keeps... in  
 176 perfect peace, [all] whose mind is stayed on [Him]..." (Isaiah 26:3).  
 177 Not surprisingly, divine counsel says: "...set your sights on the  
 178 realities of heaven...; think about the things of heaven, not the  
 179 things of earth" (Colossians 3:1-2, NLT). This ends the emphasis  
 180 on the soul and a discussion of the body follows.

181  
 182 8. Human beings live in a body. No great surprise or revelation here!  
 183 The body is the suitcase, the warehouse, the hard drive of the  
 184 spirit and the soul! The first Adam had a body (Genesis 2:7, 21-22  
 185 & 5:2); the second Adam, Christ, also had a body (Isaiah 7:14;  
 186 Matthew 1:20; Luke 2:21 & Hebrews 10:5). And by procreation  
 187 (Genesis 4:1 & John 3:6), all mortals inherit a body, which is a  
 188 divine loan (Psalm 127:3; 1 Corinthians 6:19; Psalm 90:10 & James  
 189 4:14). That is, we are responsible to God and the laws that He has  
 190 placed in operation for the care, preservation and use of the body.

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- 193 9. God gives humans the responsibility of caretaker of the body  
194 (Romans 14:12). What does that mean? Foremost, it means  
195 recognition of the boundaries, that is: the limits of freedom that  
196 God established for protection and optimal functioning. Therefore,  
197 people should pay attention to nutrition, exercise, rest,  
198 hydration, hazards: chemical, biological or radiological agents;  
199 and the list go on, to keep the body's immune system and electron  
200 transport chain in balance and rhythm for living well. Nowhere is  
201 this health ideal more evident in the Bible than in John's letter  
202 to Gaius. "I wish above all things that you prosper and be in  
203 health, even as your soul prospers..." (3 John 1:2). Clearly,  
204 illness is not a divine ideal; God has **NO** interests in sickness.  
205 And we should be cautious **NOT** to assume that people who are  
206 suffering committed sin (Job 4:7-9; John 9:1-3) as we work to  
207 gently restore the wounded (Galatians 6:1)!
- 208  
209 10. Caretakers of the body need a firm foundation for action! What  
210 does that mean? For some, that will mean they are "...not wise in  
211 [one's] own eyes. That first step is important because "...the fear,  
212 [reverence], of the Lord is the beginning of knowledge..." (Proverbs  
213 1:7 & 9:10) AND "...the beginning of wisdom..." (Psalm 111:10). And  
214 equipped with godly knowledge and wisdom, they reverence God and  
215 "...depart from evil..." (Proverbs 3:7-8). Appropriate self-care takes  
216 root in reverence, **offering up "...a living and holy sacrifice..., [which] is**  
217 **truly the way to worship [God]"** (Romans 12:1, NLT) and give Him glory  
218 (Isaiah 43:7). Having this foundation, one constructs a building—  
219 that is, a lifestyle—for the habitation and glory of God.
- 220  
221 11. Caretakers expand on the firm foundation in much the same way as  
222 house builders use technical drawings. What does that mean? We  
223 care for the body by doing "...**ALL** [things] to the glory of God" (1  
224 Corinthians 10:31), including temperance in the good things of life  
225 (Proverbs 23:2). Not only does God expect dietary temperance; but

226 He also expects abstinence from specific, dietary choices.  
227 Examine the prohibitions that follow. "Of all the land animals...  
228 [that are suitable] for food, ...eat... [those] that has completely  
229 split hooves **AND** chews [their] the cud" (Leviticus 11:2-3).  
230 Beginning at Leviticus 11:4, one finds flesh to exclude from the  
231 diet. "Of all the marine animals... [that are suitable] for food,  
232 ...eat... [those that] has **BOTH** fins and scales..." (Leviticus 11:9). Of  
233 all the winged insects that are suitable for food, eat those [...that  
234 walk along the ground **AND** have jointed legs so they can jump:  
235 locusts, bald locusts, crickets and grasshoppers" (Leviticus 11:21-  
236 22). The final category of edible flesh consists of a variety of  
237 birds described in Leviticus 11:13-19. The Israel of God, which is  
238 **NO** longer limited to a nation of people (Leviticus 11:1; Romans  
239 2:28-29; Galatians 3:27-29 & 6:15-17; Ephesians 2:11-13 & Hebrews  
240 8:10) received these lists because God requires holiness (Leviticus  
241 11:44; 1 Peter 1:15-16; 1 Peter 2:5 & 9; 2 Peter 3:11 & Revelation  
242 20:6). The take home message here is perhaps there is a lot more  
243 to eating than mere satisfaction of hunger.

244  
245 12. Caretakers of the body must also focus on maintenance of  
246 interior design requirements. You should read about that in 1  
247 Peter 2:5. God cares about the whole person; thus, He says:"Run  
248 from sexual sin" [and has links fleeing to] ...honoring [Him] with  
249 [our] body" (1 Corinthians 6:18-20). Not only does God recommend  
250 flight, but He also requires that we "mortify, [that is, put to  
251 death], the deeds of the body..." (Romans 8:13), [which are the]  
252 "...earthly things lurking within... [that we might] have nothing to do  
253 with sexual immorality, impurity, lust and evil desires. [And to  
254 paint the tapestry or canvass of intentional thoughts, feelings and  
255 behaviors with a broad brush, God said:] Don't be greedy;  
256 ...worshiping the things of this world; because... these sins [are  
257 precipitating] the anger of God, [which] is coming" (Colossians  
258 3:5-6, NLT & Exodus 20:3).

259  
260 So taken together, God has clear policies for the care of the human  
261 temple. "If anyone destroys God's temple, God will destroy him [or  
262 her]. God's temple is holy and you are that temple (1 Corinthians  
263 3:17, New International Reader's Version); therefore, be holy  
264 (Leviticus 19:2), which includes caring for body, soul and spirit!  
265

266 SUMMARY OF KEY POINTS: In this study, we examined caring for our  
267 being that we might present a living, holy sacrifice to God. The  
268 study focused on humanity as being inhabited by spirits, having a  
269 soul and living in a body. And until we have access to the tree of  
270 life that has leaves for the healing of the nations (Revelation  
271 22:2), the effects of living a temporal existence will continue to  
272 demand our attention. We acknowledged that there is more to caring  
273 for our being than nutrition, exercise, stress-management, peticure,  
274 manicure, spa treatments, mental health days, among other things.  
275 Inclusive of the aforementioned is asking for the old paths, where  
276 the good way lies and walking in ALL the revealed ways of Jehovah.  
277 Of the good things that God intends for our use, He expects  
278 temperance. Living well however, is not imbecile adherence to a  
279 checklist, but rather an appreciation that we belong to God and were  
280 created for His glory. Thus, we distrust our own tendencies and  
281 abide in Christ through prayer, social support and a faith-obedience  
282 relationship that acknowledges Him as our wisdom, righteousness,  
283 sanctification and redemption. Because it is of little redeeming  
284 value to engage in Bible Study merely for information, subsequent  
285 paragraphs follow that make a practical application of the study.  
286

## 287 DISCUSSION: WHAT DO THESE THINGS MEAN?

288 The Psalmist marveled at human existence and expressed thanks to God  
289 "...for making [him] so wonderfully complex! 'Your workmanship is  
290 marvelous...' " (Psalm 139:14, NLT). So how should we respond to the  
291 complexity that lies within us? Obedience to God is a useful

292 framework for understanding personal and community health, happiness  
293 and safety (Ezekiel 18:30). In antiquity, sin and rebellion against  
294 the divine government and its laws (Isaiah 14:12) caused war in  
295 heaven, but Michael and His angels prevailed over Satan and his  
296 hosts; thus, they were cast down to earth (Revelation 12:7-9).

297 Health is physical, mental, social and spiritual! "After Satan and  
298 those who fell with him were shut out of heaven, and he realized that  
299 he had **FOREVER** lost all its purity and glory, he [confessed] and  
300 wished to be reinstated in heaven. He was willing to take his proper  
301 place, or any position that might be assigned him. ...Both he and his  
302 followers wept, and implored to be taken back into the favor of God.  
303 But their sin---hatred, envy and jealousy [Isaiah 14:13-14]---had been  
304 so great that God could not blot it out; it must remain to receive  
305 its final punishment" (Early Writings, {EW} 146.1). And that  
306 rebellion, which remains to be punished, is a source of human woes.

307 The enemy of obedience extended his work of envy to include mortals.  
308 "When Satan became fully conscious that there was no possibility of  
309 his being brought again into favor with God, his malice and hatred  
310 began to be manifest. He consulted with his angels, and a plan was  
311 laid to... work against God's government. [So] when Adam and Eve were  
312 placed in... [Eden], Satan was laying plans to destroy them. [Genesis  
313 3:1-7 revealed his plan. 'In the beginning, God gave His law...  
314 (Genesis 2:16-17) as a means of attaining happiness and eternal life'  
315 (God's Amazing Grace, {AG} 134.2) and] in no way... [would Adam and Eve  
316 forfeit] happiness if they obeyed God" (EW 146.2). Years later,  
317 Jehoshaphat would reminded Israel of the importance of obedience when  
318 he said: "...Believe in the Lord you God, so shall you be established;  
319 believe His prophets, so shall you prosper" (2 Chronicles 20:20).

320 God aims to shield people from the pain and suffering of  
321 disobedience. Thus, He says: "Give ear... to my law; incline your ears

322 to [my] words..." (Psalm 78:1). Read about defying God's counsel in  
323 Malachi 2:9. But, it is Satan's studied purpose to lead people to  
324 violate the laws of God that govern the body, the soul and the spirit  
325 for he knows that "...the ways of the Lord are right..." (Hosea 14:9); he  
326 knows that God wants people to do what is right (Micah 6:8) and he  
327 also knows that "...the way of transgressors is hard" (Proverbs 13:15).  
328 Disobedience brings suffering of unprecedented proportions.

329 God, through the Holy Spirit will abide with human beings (John  
330 14:16; Genesis 28:15; Exodus 33:14; Matthew 28:20 & Hebrews 13:5) to  
331 shield them from evil, cosmic forces (Ephesians 6:12). And God's  
332 basic instruction is: "Put on the whole armor of God that you may be  
333 able to stand against the wiles of the devil" (Ephesians 6:11, 13-  
334 18). How was this implemented in Eden? "...Angels, [who are]  
335 ministering spirits, sent to serve those who will inherit salvation"  
336 (Hebrews 1:14, NIV)... "often visited the garden and gave instruction  
337 to Adam and Eve concerning their employment and also taught them  
338 concerning the rebellion and fall of Satan. ...The angels also  
339 enjoined upon them to **follow closely the directions God had given them, for in perfect**  
340 **obedience only were they safe:** [meaning, the] ...fallen foe could have no power  
341 over them" (EW147.1). [The basic principle, instituted in Eden was:  
342 "...obey... the voice of the Lord... so it shall be well {with you} and  
343 {your} soul shall live" (Jeremiah 38:20)]. "[But] it had been  
344 Satan's studied plan that Adam and Eve should disobey God, receive  
345 His frown, and then partake of the tree of life, that they might live  
346 forever in sin and disobedience, [as]... immortalized [sinners]"  
347 ([Genesis 3:1-7 & 22-24 in] EW 148.2) [and happiness, forever  
348 forfeited]. Although time has elapsed since Eden; health, happiness  
349 and safety laws instituted at the dawn of human history has not  
350 changed, neither has the work of the holy angels who are ministering  
351 spirits. Thus, to present ourselves as living sacrifices to God, we  
352 must "...walk in all the ways, which the Lord, [our] God [has]  
353 commanded... that... it may be well with [us]..." (Deuteronomy 5:33).

355 **CONCLUSIONS: WHERE DO WE GO FROM HERE?**

356

357 "When people do not accept divine guidance, they run wild; but  
 358 whoever obeys the law is joyful" (Proverbs 29:18, NLT)! "Who shall  
 359 not fear thee, O Lord, and glorify thy name" (Revelation 15:4)?  
 360 "Send me your light and your faithful care; let them lead me..." (Psalm  
 361 43:3, Today's New International Version {TNIV}). Thus, "...Moses said,  
 362 '...Show me your glory'" (Exodus 33:18, TNIV) and "...let me know your  
 363 ways so that I may understand you more fully..." (Exodus 33:13, NLT).  
 364 David also asked the Lord: "Teach me thy way, O Lord [and] I will  
 365 walk in thy truth. Unite my heart to fear, [that is: reverence] thy  
 366 name" (Psalm 86:11). And to Moses, God said: "...I will cause all my  
 367 goodness to pass in front of you..." (Exodus 33:19, TNIV); and to David  
 368 He said: "I will instruct you and teach you in the way you should go;  
 369 I will counsel you with my loving eye on you" (Psalm 32:8, TNIV).  
 370 Moses and David's examples tell us that "good and upright is the  
 371 Lord; therefore He instructs sinners in His ways; He guides the  
 372 humble in what is right and teaches them His way" (Psalm 25:8-9,  
 373 TNIV) of care that it may be known upon earth (Psalm 67:2 & Jeremiah  
 374 33:6-8) that God heals wounds and restores health (Jeremiah 30:17).

375

376 **CALL TO ACTION: WHAT SHALL WE DO?**

377

378 "...Ponder the direction of [your] life and... turn to follow [God's]  
 379 laws" (Psalm 119:59). "Do not be wise in your own eyes; fear the  
 380 Lord and shun evil [and] that will bring health to your body and  
 381 nourishment to your bones (Proverbs 3:7-8, TNIV). Resist being like  
 382 ancient Israel, who were a "...hard-hearted and stubborn [people]"  
 383 (Ezekiel 3:7, NLT). "Turn, O backsliding children, [says] the Lord;  
 384 for I am married unto you..." (Jeremiah 3:14). Therefore, "If [God's]  
 385 people, who are called by [His] name, will humble themselves, pray,  
 386 seek [His] face and turn from their wicked [a.k.a., rebellious] ways;

Health, happiness and safety are linked to knowledge and obedience

387 [God] will hear from heaven [and] ...forgive their sin and ...heal their  
388 land" (2 Chronicles 7:14, TNIV). So God says: "...Repent and turn from  
389 your sins; don't let them destroy you" (Ezekiel 18:30, NLT). "Call  
390 to me and I will answer you and tell you great and unsearchable  
391 things you do not know" (Jeremiah 33:3, TNIV). And when God makes  
392 you aware of divine insights, turn at His reproof so that He can fill  
393 you with His Holy Spirit, who gives meaning to divine revelation  
394 (Proverbs 1:23) that you might reverence God and walk in all the ways  
395 He commands (Deuteronomy 10:12; 11:22; 19:9; 31:12; Joshua 22:5; 1  
396 Kings 8:58; 11:38; Isaiah 51:7; Jeremiah 7:23; 31:33; and Hebrews  
397 8:10).